



SOUTH AFRICAN POWERLIFTING FEDERATION

MINUTES

ANNUAL GENERAL MEETING

WEDNESDAY 22 AUGUST 2024 - 19H00

ONLINE

1. Opening, Welcome & Apologies

Heather Leighton & Hannie Smith welcomed everyone present and thanked everyone for attending

Attendees via Zoom:

- Johan (Hannie) Smith
- Gail McKenzie-Kerr
- Heather Leighton
- Dorris (Visiting from DSAC)
- Alexa Pentopolous
- Andrew Ludik
- Cliff Hayim
- Amelia Krishna
- Russell McLaren
- Steve Ogunfemi
- Saphiyah Jadwat
- Carol Anthony

- Rodney Anthony
- Astrid Schwarz
- Tarryn Vaile
- Ian Furman
- Justin Furman
- Pia Margoni
- Nicole Cooposamy
- Kiran Kooverjee
- Nathan Michael-Steyn

Apologies:

- Dan Oppenheim
- Ricardo Baretto

2. Presentation & Accreditation of Representatives

Heather summarized the voting strength should the need arise for the meeting

See attached

Election of previous Office Bearers (President, Vice Presidents, Secretary General and Treasurer) for another two year period

3. Notice of Meeting – General Secretary

3.1 Notice of meeting registration: Email March 2024

4. Approval of Minutes SAPF AGM March 2023

4.1 No objections raised - Unanimously accepted by all

5. Provincial Reports

5.1 President : Hannie Smith

- Rule changes to the Bench press
- youth ages relating to internationals: no Subjunior can enter worlds as a Junior
- Dress code changes: long sleeve singlets, but then no knee sleeves on top allowed
- All approved by the 19 member rule group
- Competitions held earlier in the year in Potchefstroom being the Africa Pacific Championships
- Upcoming championships to be held at Sun City 46 nations competing in masters, 17 nations in Commonwealth, approximately 1100 Lifters

5.2 Chief Technical Officer : Hannie Smith

5.3 Provincial AGM Reports

No objections raised in respect of Reports - Unanimously accepted by all

5.4 International Competition Reports

The International Competition Reports were made available on the SAPF website

6. Matters for Discussion

6.1.1 2025 National Calendar

- ❖ Gauteng to host SA National Benchpress Championships, 7-9 March 2025
- ❖ Eastern Province to host SA National Equipped Powerlifting Championships, dates in April to be advised
- ❖ Northwest Province to host SA National Classic Powerlifting Championships, 26-30 March 2025

6.1.2 2025 Provincial Calendar

- ❖ Northwest Province last weekend of February 2025
- ❖ Western Cape Province, 7-8 December 2024
- ❖ Gauteng Province to be confirmed

6.1.3 2025 Revised Affiliation Fees & Provincial Fees effective 01 January 2025 will be finalized and communicated to Membership later

6.1.4 Restructuring of Provinces to align to SAPF. Constitution in process of being completed. Cliff and Heather are aligning the Constitution both to SASCOC and IPF. The National Constitution template will then be rolled out to each of the Provinces.

6.1.5 SAPF Going Forward need to establish the following positions – Provisional Structured as per Schedules:

- ❖ Athletes Representative – Justin Furman
- ❖ Coaching Representative
- ❖ Women's Representative
- ❖ Transformation Representative
- ❖ Disciplinary Representative / Commission
- ❖ There are new Commissions coming out of the DSAC Conference

Steve made himself available for one or more of these positions.

Alexa nominate to assist in Social Media Marketing of the Federation

7. Financial

- Provisional Income Statement as at 31 March 2024, presented by Gail

8. General

- Proposals put forward by Ian Furman and Steve requesting alternative competition dates for National team selection. It was agreed that this was a proposal to be further submitted for discussion.
- Hannie discussed the entry procedures for South Africans to the main entrance to Sun City
- Live streaming in Sun City, and request from Hannie for volunteers
- all T-shirts for upcoming Championships in Sun City by SBD
- Accommodation at Sun City now full, only the Lost City Palace has availability
- SA Record certificates now available on website
- Website undergoing an upgrade by software developers

No other general items raised

10 Closing

For and on Behalf of:

SA Powerlifting Federation

22 August 2024

Meeting closed 20h45